



Private Sessions

with MAGDA  KAY

Who is it for?

Couples, who...

- want to celebrate their love, explore Tantra and **expand their already amazing connection**
- are looking for **new**, different & exciting experiences
- want to **celebrate a special occasion** in a unique, romantic way
- have been facing **growing challenges** and want to **break the negative pattern**
- have tried counselling or therapy but are **unable to move through conflict**
- feel they are **drifting apart** and want to **find their way back to each other**
- lost the spark and want to **reignite the passion** they used to feel

Individual Men, who...

- strengthen their **inner fire** and **masculine energy**
- deepen a **sense of self-love**
- increase their **sexual mastery** (through learning practices to **control ED & PE**)
- **feel blocked by old patterns** in love and intimacy and are ready to break free from them
- are **looking for love** and want to be ready and **open to receive it**
- relax, release stress and tension from the body
- understand women better (and what they need)



What happens in a private session?

Every private session is **individually designed** based on your needs (discussed during our free introductory call).

The sessions happen in-person. They are practical, based on **movement, breath, sound, touch & meditation.**

We begin our session with a grounding meditation, then proceed with the specific breath work or ritual. You will receive all needed explanation so you know what we do and why. At the end we will discuss how you can implement this work in your daily life.

A hand holds a lit wooden stick, likely a sage smudge stick, over a shallow wooden bowl. The scene is set on a wooden surface covered with a brown and white patterned cloth. In the foreground, there are several pieces of crystals, including a large, rough, pinkish-orange one on the left and several smaller, clear, pointed ones. The background is a plain, light-colored wall.

A selection
of tools & practices
I offer in my private
sessions

Awaken of The Senses Ritual

A beautiful journey through each of your physical senses, helping you to open for more subtle sensations. I will tease each of your senses with various stimuli (different scents, sounds, textures) one by one, while all you need to do is receive and relax.



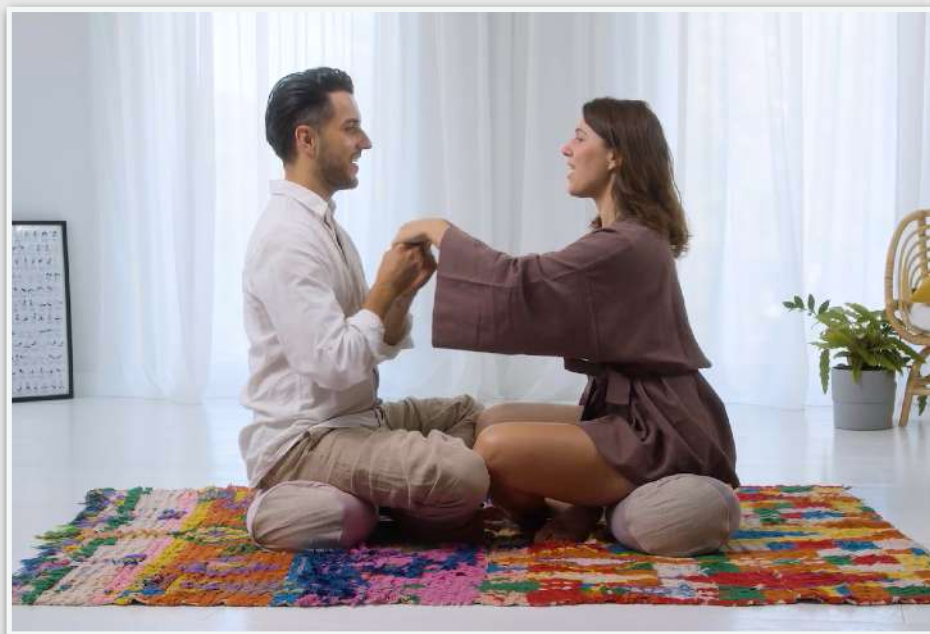
Chakra Breath

Powerful breath practice in which you travel through each of your Chakras. You will energetically connect to each chakra and then deeply breath into it. After a few minutes of such intense breathing you may experience activation of your kundalini energy - that can manifest through the shaking of your body, tears or even energy orgasm.



Orbit Breath

For this practice you sit in front of your partner (or me) and circulate breath through our bodies. We take deep breaths with our mouth. We inhale or exhale into 2 chakras: your sex center & your heart - two primary centers for intimate relationships. Just a few minutes of this breath can give intense sensations.



Pussy/Cock Meditation

Most of us don't have a relationship with our sex center. In this practice you connect and speak to your pussy/cock. They know the best what they need to fully open, to be hard & aroused or to experience more and deeper orgasms.



Bossy Massage

In this practice you are in full control of what happens to you. You direct what kind of touch and where you want to receive. This helps you to take back ownership of your pleasure and receive everything you want. And it's a practice to receive and honor the boundaries of the other.



Ritual for Manifesting Your Dreams

In this practice you charge your intention with your own life force energy. We travel through each chakra, filling your intention with specific qualities. At each chakra you will move, breathe and sound in accordance to this center. There will be some intense & active moments as well as soft & quiet.





About Magda Kay

If you don't yet know me, hi!
My name is Magda and I'm an Intimacy Expert, Tantra Teacher & Conscious Relating Coach.

After almost 2 decades of exploring psychology and human behavior, yoga, Tantra and various energy work modalities, I created my own unique way of working with my clients.

I'm a very down-to-earth person. I have the ability to see beyond the layers. I can pick on something in just a few minutes, giving you answers you may have been searching for, for years. You will leave the sessions with a deeper understanding of your dynamics, rewired patterns in your body and next steps on how to move from here onwards.



Rules of conduct & Etiquette

IMPORTANT

Please remember these are professional services.

I do create an intimate space for you so you can open up. This may feel very vulnerable and deep. You may even find yourself developing feelings or desire towards me. However, this should never be confused with an invitation for more. I am your coach and my role is to guide you. I am not your companion.

In my presence and during our sessions, please adhere to these rules:

- **No sexual/ intimate interaction between us of any sort**
- **No full nudity (and strictly no genital nudity)**
- **No genital stimulation or direct self-arousal in my presence**
- **Do not try to touch my body**, especially my breasts, waist, belly or thighs, without my consent. If our practices require touch, it will be explained and discussed. My body is not an object, it is a part of me and this must be honored.

Should any of the above rules be broken, the session will immediately stop with no refunds.

The Deets

- Sessions are **2 hours long**
- You need a **private space** and a **double bed**/mattress
- The session can happen at your place, however most of my clients prefer to book a hotel room for more comfort and privacy (please note the hotel is covered by you).
- Sessions are available around the world, in a **location that works for both of us**.
- If the location requires me to travel, I ask you to cover my travel costs (flight+ hotel).
- You can book just 1 session, or a package of 3 session with a **complementary 60-min follow up Zoom call**

PRICE (single session - 2hr)

750 USD

PRICE (3 x session = 6hr)
+ complementary 60-min
call

2,250 USD

Ready to book your session?

Then let's talk.

The first step is a **free consultation directly with me**, in which we'll discuss what kind of an experience you're looking for.

We will also discuss available **dates & location**.

To book your call please email us at info@magdakay.com or click the button below:

BOOK YOUR 25-MIN INTRO CALL

