

VENUS CODES

Intuition

Session 9:

Full Moon Ritual

About this
Full Moon

Full Moon, May 2021

This Full Moon is a special event: it's a supermoon and the first eclipse of the year. That means its energy is hyperactive and potent.

It's also called a Flower Moon or a blood moon because of the reddish color.

The Full Moon of May 26 takes place in the adventurous and truth-seeking sign of Sagittarius.

It inspires us to broaden our horizons and seek higher knowledge. As eclipses are all about change and realignment, Sagittarius will offer supportive energies: it helps us adapt to change with enthusiasm and a sense of spontaneity. Moreover, you can expect sudden changes, shocking revelations, and lots of drama. This Full Moon challenges us to branch out, level up on our goals, and recalibrate our personal compasses to give us a fresh sense of direction.

My intention for this Full Moon: *What am I ready to release?*

A large empty rectangular box intended for writing an intention.

*The Superpower
of Intuition*

Nature has equipped women with an immaculate inner compass and it's damn accurate!

After all, women are the carriers of creation codes that allow our entire species to survive. Mother Nature made sure we had everything we need to survive and be an integral part of the natural cycle.

A woman's connection to nature and earth is much stronger than that of a man. The Root Chakra (which is our energetic connection to earth) is more open and activated in women. As we already mentioned our cyclical nature and heightened senses, a woman is designed to move through life in the way that supports her the most. And this is why we were given the gift of intuition.

There is a reason why traditionally it was women taking the roles of Highest Priestesses, Daikinis and Tantric Initiates. White magic and healing were the dominion of women. Women carry the codes of ancient wisdom. It was only through modern patriarchal society that men took over top positions in religions and spirituality.

And you know that you know! How many times did you have a feeling someone shouldn't be trusted? Or that unexplainable sense of knowing what to do next, which street to turn in, to travel somewhere or to turn down the job, even though it seemed perfect. Your intuition has guided you towards what supports your highest good, and has kept you from danger.

*Disconnection
from Intuition*

Here are all the many ways how the society has been disempowering women & disconnecting us from our intuition:

- For centuries women have been demonized, hunted and persecuted for having psychic powers or magical abilities
- In more recent times, we have been mocked, belittled and even ridiculed for listening to our intuition, 'having a feeling' about something or listening to our inner voice with no "real-world", objective proof
- Studies like astrology, numerology and other sciences and phenomena that cannot be explained purely through ration and logic have been shunted off to the feminine, labelled as 'girly', "pseudoscience" and 'nonsense'
- A woman's intuition is often challenged and questioned. A painful example that is sadly too common, is that when a woman tells her partner that her intuition (often with a high degree of accuracy) tells her he is cheating on her, she often deals with gaslighting and is told that she is crazy, paranoid or hysterical.

How do you outsource intuition?

I ask my partner for advice before I act

I consult a healer/astrologer before I make a decision

I search for facts and logical reasons for something I want to or don't want to do

I trust others more than myself


I ask a man for advice

I rely on my teachers/gurus to guide me

Journaling

When did you disrespect your own boundaries, intuition or gut feeling? What happened as a consequence?

When did others make fun of your intuition/inner feeling?

A large, empty rectangular box with a thin black border, intended for the user to write their response to the question above.

Have your parents supported and encouraged you to listen to, and to follow your inner feeling?

A large, empty rectangular box with a thin black border, intended for a user to write their response to the question above.

Have you ever did something, even though it didn't feel right,
and then regretted it?

Have you ever did something sexual you didn't feel good about? Allowed your own intuition to be ignored in intimate situations?

A large, empty rectangular box with a thin black border, intended for a user to write their response to the question above.

Ego or Intuition

Ego

- Pushy, nagging; speaks from authority, someone who knows better, talks down
- Loud
- Usually tells you to stay within your comfort zone
- Bargains; if... then

Intuition

- Soft, inviting, but not pushy; it doesn't fight for your attention, says something once and honors your free will
- Silent, hard to hear among other noises
- Usually asks you to do something outside of your comfort zone

Thank you