

VENUS CODES

Pleasure

Session 3:

New Moon Ritual

New Moon

New Moon in Aries

New Moon is the void, darkness, nothingness from which everything is born. This is the perfect time to plant new seeds, set intentions, begin new projects, start new habits, launch courses. It represents step 0 in the creative process. From this moment until the Full Moon, Moon is growing. And so the following 2 weeks is the time to nurture your intention (water your seed).

Aries is a fire sign and as all fire signs it supports movement, accomplishing goals and moving forward. Expect a renewed sense of energy and inspiration. Being the first New Moon in springtime, it's a perfect time for the new beginnings, a fresh start.

New Moon Intention: What pleasure are you calling in?

Female Sexuality

The Full Spectrum fo Female Sexuality

- Women can experience 6 types of vaginal orgasms: G-spot, A-spot, K-spot, P-spot, cervix, entry to vagina.
- We can also have anal orgasms.
- And clitoral orgasms.
- And even nipple orgasm.
- And even throat orgasm!
- Women can experience orgasms without even being touched.

- A female body is capable of experiencing multiple, full-body orgasms.

- Women can squirt. And the liquid produced in Tantric traditions is considered sacred (amrita).

Yoni Puja

Yoni Puja

- Yoni = womb, vagina; origin, abode, or source; goddess Shakti
- Puja = worship, celebration
- Yoni Puja = celebration to honor the yoni, either of the universe, of the goddess or of a woman



Yoni Puja

- You will need: flowers, honey, milk, mirror, towel
- Always prepare the space & yourself: clean the room, take a shower, smudge the space and yourself
- Step 1: Start by connecting to your hip area through movement and dance
- Step 2: Sit in front of the mirror without underwear (you can sit on a towel)
- Step 3: Yoni Gazing (gaze at the reflection of your yoni)
- Step 4: Offering (offer flower petals, milk and honey to your yoni by pouring them over her)
- Step 5: Bow down to your yoni in awe and gratitude

Venus

Planet Venus

- Venus is a powerful **archetype** of women, femininity, and female gifts.
- In **astrology**, Venus is the planet associated with love, romance, relationships, sex and pleasure.
- In ancient **mythology**, Venus was the goddess of love and pleasure. She is Aphrodite, the goddess of love and beauty; and Lakshmi, the goddess of love and abundance.

In astrology each day corresponds to a specific Planet:

- Monday - Moon
- Tuesday - Mars
- Wednesday - Mercury
- Thursday - Jupiter
- Friday - Venus
- Saturday - Saturn
- Sunday - Sun

Thank you