

VENUS CODES

Love

Session 5:
Full Moon Ritual

*About this
Full Moon*

Full Moon, April 2021

This month's Full Moon is called the "pink moon" as it signifies the beginning of spring and together with it, blooming of the flowers (the actual color of the Moon remains the same as any other time).

It is the first Supermoon of 2021 - it's bigger and brighter than a normal Full Moon (and for that reason, its energy and influence are stronger).

Full Moon represents the peak, and the final stage of growth. It marks the new phase of release, healing and letting go.

This is the time to let go of anything that no longer serves you: old friends, lovers, relationships, as well as habits and behaviors, activities, thoughts and patterns.

Don't be afraid to say "no" and "goodbye".

This is a great time to clean your physical space, clean your desktop, organize your files and delete unnecessary photos from your phone.

My intention for this Full Moon: *What am I ready to release?*

Lakshmi



Lakshmi is a Hindu goddess of love, wealth, fortune, joy, power, luxury, beauty, fertility, and auspiciousness.

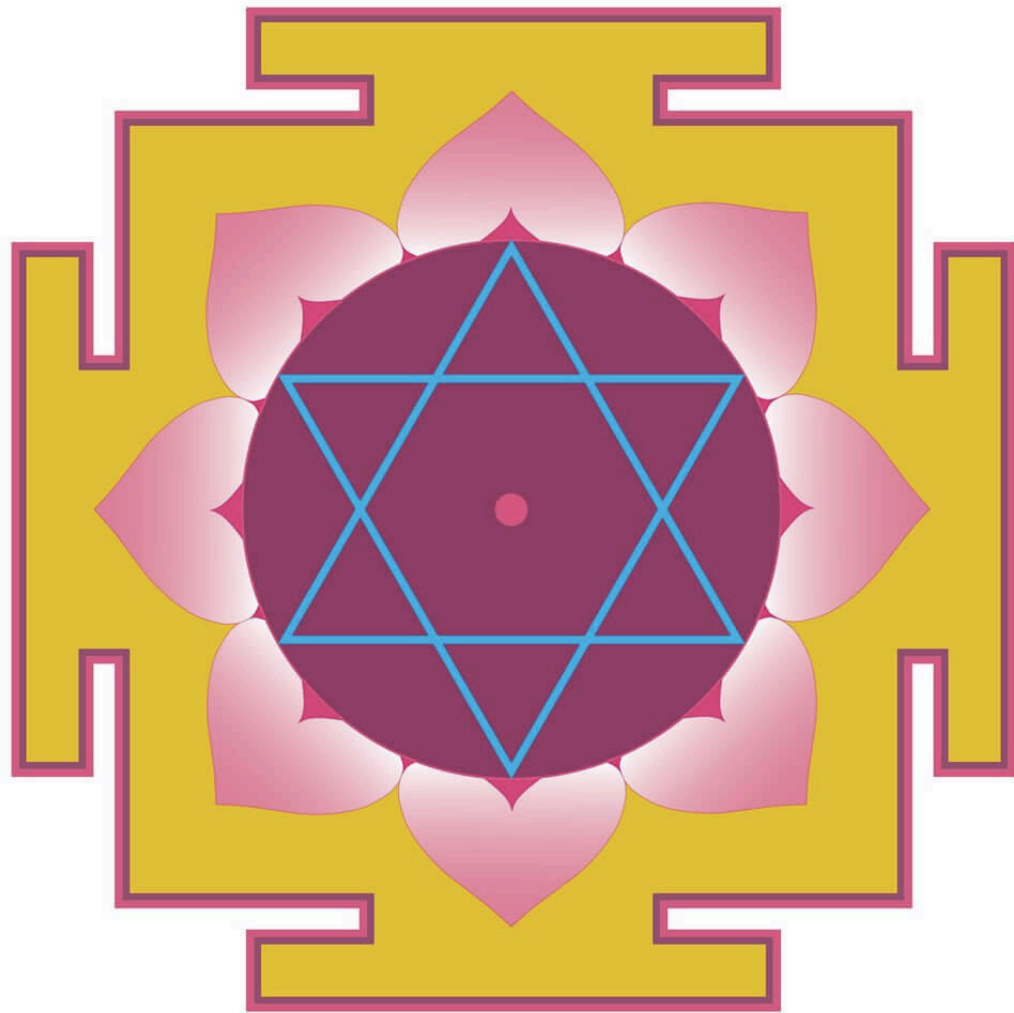
Lakshmi does not visit nor stay where she is not welcome or respected. She doesn't argue, she simply leaves.

You call her in through appreciation of beauty, open and loving heart, being kind and keeping your surrounding clean and beautiful.



Elephants represent work, activity, and strength. They pour water onto the Goddess, the symbol of fertility, abundance and prosperity.

Lakshmi sits in a **pink lotus**, symbolizing fortune, self-knowledge, and spiritual liberation.

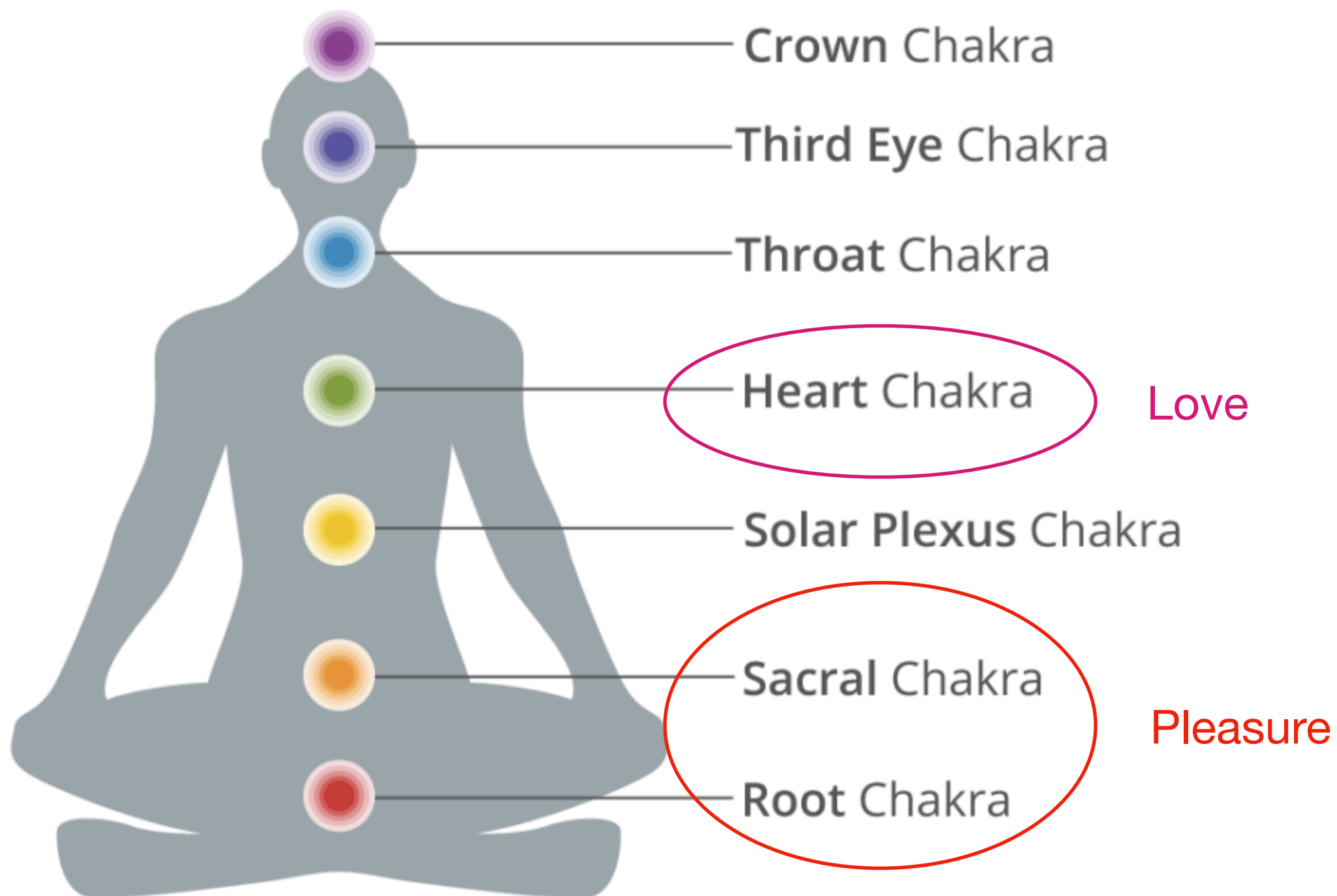


Yantra is a geometrical representation of the Goddess

Creating a Lakshmi altar

- Choose a space in your house, facing West.
- Clean it.
- Make sure it's solely dedicated to the Goddess.
- Use a table or a box as a base. Cover it with a nice fabric.
- Use pink.
- On the altar place an image of Lakshmi, printed image/symbols of a pink lotus, water, lotus beads, rose crystals (ex. rose quartz), and any other objects that carry a strong message or a reminder of love, joy and abundance.
- Keep the altar alive: welcome it in the morning, pray/meditate in front of it, offer fresh flowers, clean and refresh it when needed, burn candles.

The Superpower of Love



Love gives a woman the power beyond what's normally available. She becomes unstoppable, brave and strong. She can handle the incredible for love.

Motherhood: a woman offers her body to carry a child during the pregnancy, goes through the initiation of birth and then offers her body, time & energy to her child to nurture and raise it. And when the child is a grown up, she simply lets them go. Having given everything to the child, she releases them to the world.

A woman gives herself fully to her man. When she chooses him, she surrenders, offers her soul, body and heart, allows him to lead her. That takes tremendous courage and bravery.

Woman's love has the power to guide a man to his highest potential, his true gift and expression. It's the feminine love that shapes him into a true king.

We've all seen a woman stick to her man despite bankruptcy, cheating or being mistreated. This is not to say a woman should stay, but in such moments, she has the ability to tap into her heart to move through any obstacle that would scare off most of the men.

Heart Chakra

The Heart Chakra has the opposite polarization in a female and male body. In a female body, Heart is yang (masculine polarity), meaning the energy moves outwards.

It is natural for a woman to give love; it happens without any specific effort or thought.

However, it may be difficult for a woman to allow the love into her heart.

The yang energy of her heart means that it's easy to give love. The yin heart of a man means that it's a vulnerable and gentle space for him to receive love.

This explains many frustrations between men and women around love.



*Disconnection
from Love*

Here are all the many ways how the society has been disempowering women & disconnecting us from love:

- Not honoring nor appreciating motherhood, child bearing and our cyclical nature. Women do not have space to rest when they bleed, they can't easily take time off work (or they risk getting fired), they are expected to do everything, as if being pregnant or taking care of a child is just a little side hobby
- Not allowing breast feeding in public places & calling it "unnatural"
- Sexualizing breasts, imposing them to be covered
- We are continuously told that our natural tendency toward attachment is a pathology and that we should heal it if we want to hold on to a healthy relationship
- A woman who devotes herself to her lover and her family is perceived as "lacking ambition"
- We keep hearing that we are too emotional, too reactive, too hysterical, and that we should be taking a more logical, practical approach in life
- Many spiritual teachings talk about detachment and sourcing all our needs from within, positioning relationships and family as inferior (and even an obstacle) to spiritual awakening. Think of the story of Buddha who left his wife with a child to pursue God. The message is clear, loving another human is never as good as loving God.

How do you outsource love?

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Needing to be in a relationship

☐

Pets/Children

☐

The need to take care/heal others

☐

Food

☐

The need to have children

☐

People pleasing

☐

Sex

☐

Partying

Conditioning around Love

Describe the relationship between your parents:
What did you see? What did you learn?

Describe the relationship between your grandparents:

Which of your boundaries & needs have you sacrificed for love?

Thank you